Verde Valley Medical Center is offering **FREE** *non-fasting* health screenings at a location near you.

Blood Pressure • Cholesterol • Diabetes

SCREENINGS

&

Save a life!

Learn "hands-only" CPR for FREE

No mouth-to-mouth necessary and it only takes 15-20 minutes of your time to become certified!

Thursday, Oct. 3

9 a.m. - 4 p.m.

Clarkdale Fire District, 895 First South St.

*Finger-stick blood draw to check for blood glucose
*Total, HDL,LDL, cholesterol and triglycerides check
*Blood pressure check
*Results explained by a health professional

Thanks to VVMC and AstraZeneca HealthCare Foundation, these free screenings are available to those with limited access to healthcare. For more information or to learn about additional times and locations, call 928-853-0879.

Verde Valley Medical Center
Northern Arizona Healthcare

diabetes together

AstraZeneca HealthCare Foundation
Connections for Cardiovascular Health℠